

Wolverine Athletics: MS/HS Track
Crane Trip Itinerary – Thursday, April 16-Friday, April 17, 2015

Thursday, April 16

- **Leave School at 9:00 AM**
 - Pack what you need, but don't pack more than you need and what you want to keep track of.
 - You'll be dismissed at 8:45 to depart at 9:00.
- **Depart Alsea 9:00 AM**
- Arrive Sweet Home at approximately 10:30 AM
 - Restroom stop and snack.
 - This is a 20 minute stop.
 - Depart Sweet Home approximately 10:50 AM
- Arrive in Bend at approximately 1:00 PM
 - Lunch in Bend
 - This is a 1 hour stop. (maximum)
 - Depart Bend at 2:00 PM
- Arrive in Burns approximately 3:30 PM
 - Restroom stop and snack.
 - This is a 20 minute stop.
 - Depart Burns at approximately 3:50
- Arrive in Crane High School approximately 4:30 PM
 - Check in with Chuck Steeves at the Crane track. (Cell #541-589-2240, service is spotty in Crane)
 - Supper Thursday will be courtesy of Alsea Track)

Friday, April 17

- **Rise and Shine @ 7:00 AM (at the latest)**
 - Breakfast TBA (Tentatively pancakes and eggs at the meet site. Provided by Alsea Track.)
- **Rancher Invitational @ 10:00**
- **Lunch on your own at the track meet**
- **Depart for Alsea after the track meet**
- **Dinner on your own on the way home.**
- **Check the hotline (541-487-4305) for updates on Friday afternoon/evening for arrival time.**
- Contact Information:
 - Angela Jacobsen: 541-207-6536
 - Katie Sapp: 541-602-9242
 - Lynn Cowdrey: 541-602-0430

What to Bring:

- Sleeping bag and pillow
- Air Mattress/Foam Mattress (optional) NOTE: if you bring a mattress be sure to bring something compact. Packing space is limited!
- Towels (minimum 2)
- Support wear (undergarments, socks, ankle/knee braces, etc.)
- Meet gear (per coach's instructions)
- Change of clothes for Friday(bring layers for cool to hot weather)
- Sweatshirt or medium heavy jacket.
- Toiletries (soap, shampoo, comb, toothbrush, tooth paste, deodorant, etc.)
- Opportunities for food purchase:
 - o Snack/Drink stop Thursday
 - o Lunch Thursday
 - o Lunch/concessions/drinks at Friday's meet.
 - o Snack/Drink Stop Friday
 - o Supper Friday
- Supper Thursday and Breakfast Friday courtesy of Alsea Track.

GO WOLVERINES!